

GOETZE'S IS FOR



THE AVERAGE KID.

GOETZE'S AVERAGE KID® WORD SEARCH

Q D H W T Z P T N W S J U Z I Y G
S N U T R I E N T S Y I M O M S D
A Z A Q E W E R U D P H G L O Q L
E T H E A V E R A G E K I D D U I
R M E O T R C T F V E P Y U E L F
O S A R S Y G R Q U X I H I R Z E
B A L A N C E D D I E T R T A F S
I D T L A Q H X E J R V F U T S T
C P H Y S I C A L A C T I V I T Y
S U Y K E L K C R H I E A W O P L
S A O P T G F S R W S K R N N W E
F L V E G E T A B L E S I I A N A
H X R J O S B F T E W L E D E A K
E J C E A T M E F R U I T S R I T
V W S D L E D T A K V D Y W H O L
J Q E F S T J Y P L U D N X S C E
P R O P O R T I O N A L I T Y B Z

AEROBICS

BALANCED DIET

EAT

EXERCISE

FRUITS

HEALTHY

LIFESTYLE

MODERATION

NUTRIENTS

PHYSICAL ACTIVITY

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